MILWAUKEE COUNTY SENIOR DINING **MILWAUKEE CHRISTIAN CENTER**



Breadsticks

Grapes

Fruited Yogurt

807 S. 14th STREET FOR CURBSIDE PICKUP OR DELIVERY

NOVEMBER



902-538



| MILWAUKEE COUNTY Department on Aging | | | | |
|---------------------------------------|-------------------------------------|-----------------------|--|---|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 2 | ELECTION DAY 3 | 4 | 5 | 6 |
| Turkey Ham & Cheese | MULTIPLE SITE CLOSURES | Roast Beef Salad | Sliced Ham & Cheese | Chicken Salad |
| Sub Sandwich | Tuna Pasta Salad | w/Horseradish | w/Lettuce & Mustard | on Whole Grain Bread |
| Mayo | on Leaf Lettuce | on Bed of Lettuce | on Croissant | Grape Tomatoes |
| Veggie Pasta Salad | Whole Wheat Bread | Broccoli Spears | Red Cabbage Slaw | Cottage Cheese |
| Kidney Bean Salad | ✓ Orange Juice | Buttermilk Biscuit | Pickle Spear | |
| Baker's Choice Cookie | Chocolate Chip Cookie | Lorna Doone Cookies | Peaches | Sugar Cookie |
| Raisins | Red Delicious Apple | Banana | | Mandarin Oranges |
| 9 | 10 | VETERAN'S DAY 11 | 12 | 13 |
| Roast Beef | Turkey Salad | Chicken Caesar Salad | Sliced Turkey | Tuscan Tortellini Salad |
| on Italian Bread | on Multi-Grain Bread | Romaine, Tomatoes | on Whole Grain Bun | Spinach, Salami, Pepperoni, Black Olives, Mozzarella |
| Mayo | Cucumber Salad | Croutons, Parmesan | w/Mayo | Red Wine Vinegar Dressing |
| Marinated Carrot Salad | Sun Chips | Caesar Dressing | 3-Bean Salad | Served over Lettuce |
| Potato Salad | Rice Krispie Treat | | Apple Juice | Crusty Bread |
| Blushing Pears | Fresh Fruit | Wheat Bread | Snickerdoodle Cookie | Applesauce |
| Lemon Bar | | Dutch Apple Pie | Orange | Brownie |
| Egg Salad | Sliced Ham on Rye | Big Mac Salad | Chicken Fajita Chopped | Tuna Salad |
| on 7-Grain Bread | w/Mustard | 1,000 Island Dressing | Salad | on Wheat Bread |
| Broccoli Slaw | Asian Coleslaw | Sesame Bread | Tortilla Chips | Baby Carrots |
| Marinated Bean Salad | Tossed Mixed Greens | Apple Juice | Fruit Cup | ☐ Fruit Punch |
| Pretzels | w/Dressing | Pineapple | ✓ Orange Juice | Peach Crisp |
| Cinnamon Apple Slices | Mandarin Oranges | Chocolate Pudding | Coffee Cake | Banana |
| 22 | 24 | 25 | 26 | 27 |
| Shaved Hairi | Shaved Roast been | Turkey BLT Salad | THANKSGIVING DAY | |
| on Kaiser Roll | on Whole Wheat Bread | Ranch Dressing | | |
| w/Mustard | w/Mayo | Cranberry Relish | | |
| Pea & Cheese Salad | Spinach Salad with | Dinner Roll | | |
| la a | | Dunankia Dar | The second secon | |
| Sun Chips | Vinaigrette Dressing | Pumpkin Bar | | |
| Spice Cake | Sesame Egg Bread | Mandarin Oranges | | CLOSED |
| · · | | • | | CLOSED- |
| Spice Cake Granny Smith Apple | Sesame Egg Bread | Mandarin Oranges | | DEVILIDEDI |
| Spice Cake Granny Smith Apple | Sesame Egg Bread Fresh Fruit Cup | Mandarin Oranges | RVATIONS F | REQUIRED 4-HOUR NOTICE |

ed \$3.00

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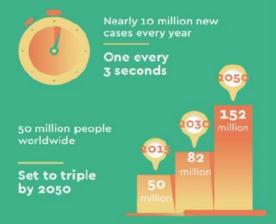


A public health priority

What are the symptoms?



Who is affected?



Majority of people who will develop dementia will be in low- and middle-income countries

What is the cause?

Conditions that affect the brain, such as Alzheimer's disease, stroke or head injury



What does it cost?

2015 == estimated costs to society in 2015

2030

US\$2 trillion





US\$818 billion:



CONTACT YOUR MILWAUKEE COUNTY DEMENTIA CARE SPECIALISTS: dcs@milwaukeecountywi.gov or 414.289.6259